The energy-momentum relation of the Fröhlich polaron

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Based on joint work with J. Lampart, K. Myśliwy and R. Seiringer

The Fröhlich polaron

An electron moving through a continuous polarizable medium.

On $L^2(\mathbb{R}^3, dx) \otimes \mathcal{F}$ (with \mathcal{F} the bosonic Fock space over $L^2(\mathbb{R}^3)$)

$$H_{\alpha} = -\frac{\Delta_x}{2} + \sqrt{\alpha} \int_{\mathbb{R}^3} \frac{1}{|x-y|^2} (a_y^* + a_y) \, dy + \int_{\mathbb{R}^3} a_y^* a_y \, dy$$

with coupling constant $\alpha > 0$ and the bosonic creation and annihilation operators satisfying the usual CCR

$$[a_y, a_x^*] = \delta(y - x), \quad [a_y, a_x] = 0.$$

It is well understood that H_{α} defines a self-adjoint semi-bounded operator. Mainly interested in the limit $\alpha \to \infty$. This corresponds to

- strong coupling
- semi-classical regime (the field becomes classical)
- adiabatic decoupling (similarly as in Born–Oppenheimer theory).

Note: Rescaling all lengths by $1/\alpha$ one finds $H_{\alpha} \cong \alpha^2 \tilde{H}_{\alpha}$ with

$$\tilde{H}_{\alpha} = -\frac{\Delta_x}{2} + \frac{1}{\alpha} \int_{\mathbb{R}^3} \frac{1}{|x-y|^2} (a_y^* + a_y) \, dy + \frac{1}{\alpha^2} \int_{\mathbb{R}^3} a_y^* a_y \, dy$$

Energy-momentum relation

Due to translation invariance H_{α} commutes with the total momentum

$$P_{\text{tot}} = -i\nabla_x + P_f \text{ with } P_f = d\Gamma(-i\nabla).$$

Hence there is a direct integral decomposition

$$H_{\alpha} \cong \int_{\mathbb{R}^3}^{\oplus} H_{\alpha}(P) \, dP$$

with fiber Hamiltonian

$$H_{\alpha}(P) = \frac{1}{2}(P - P_f)^2 + \sqrt{\alpha} \int_{\mathbb{R}^3} \frac{1}{|y|^2} (a_y^* + a_y) \, dy + \int_{\mathbb{R}^3} a_y^* a_y \, dy$$

Note: $H_{\alpha}(P)$ acts on \mathcal{F} and describes the system at total momentum P.

The energy-momentum relation is defined as

$$P \mapsto E_{\alpha}(P) := \inf \sigma(H_{\alpha}(P)).$$

Effective mass $M_{\alpha}^{\text{eff}} := 1/E_{\alpha}^{\prime\prime}(0).$

Energy-momentum relation

For
$$\alpha = 0$$
 one finds $E_0(P) = \min\{\frac{P^2}{2}, 1\}$

For $\alpha > 0$ the expectation from physics is that $E_{\alpha}(P)$ looks like



Two characteristic regimes

- $E_{\alpha}(P) \approx E_{\alpha}(0) + \frac{1}{2M_{\alpha}^{\text{eff}}}P^2$ for all $P^2 \ll 2M_{\alpha}^{\text{eff}}$ (quasi-particle regime)
- $E_{\alpha}(P) \longrightarrow \inf \sigma_{\mathrm{ess}}(H_{\alpha}(P))$ as $|P| \to \infty$ (radiation regime)

Note: $\sigma_{\text{ess}}(H_{\alpha}(P)) = [E_{\alpha}(0) + 1, \infty)$ as shown by Møller 06

Qualitative results

A non-complete list of known qualitative results

- $E_{\alpha}(0) \leq E_{\alpha}(P)$ (L. Gross 72)
- Domain of analyticity in P and α (J. Fröhlich 74, Spohn 88)
- Monotonicity and concavity of $|P| \rightarrow E_{\alpha}(|P|)$ (Polzer 22)

Our first result proves that P = 0 is the unique global minimum.

Theorem (Lampart–M–Myśliwy 22) For all $\alpha \ge 0$ and $P \in \mathbb{R}^3$ $E_{\alpha}(0) < E_{\alpha}(P).$

Based on a Perron–Frobenuis argument (motivated by Gerlach–Löwen 91)

In the probabilistic framework this was also shown by Dybalski–Spohn 20 (under a certain technical assumption) and Polzer 22

Corollary: The Fröhlich Hamiltonian H_{α} does not have a ground state. In particular there is no self-trapping at finite α .

Quantitative estimates for large α

From Donsker–Varadhan 83 and Lieb–Thomas 97 we know that

$$E_{\alpha}(0) = \alpha^2 e^{\operatorname{Pek}} + o(\alpha^2) \quad \text{as} \quad \alpha \to \infty$$

with $e^{\text{Pek}} < 0$ the infimum of the semi-classical Pekar energy functional. Our next result gives a parabolic upper bound on $E_{\alpha}(P) = \inf \sigma(H_{\alpha}(P))$

Theorem (M–Myśliwy–Seiringer 22) There exists a C > 0 such that

$$E_{\alpha}(P) \le \alpha^2 e^{\text{Pek}} + \frac{1}{2} \text{Tr}_{L^2}(\sqrt{H^{\text{Pek}}} - 1) + \frac{1}{2\alpha^4 M^{\text{Pek}}}P^2 + C\alpha^{-\frac{1}{2}}$$

for all $|P| \lesssim \alpha^2$, where

- $0 \leq H^{\text{Pek}} \leq 1$ is an explicit operator on $L^2(\mathbb{R}^3)$
- $M^{\text{Pek}} = \frac{2}{3} \|\nabla \varphi\|_2^2$ is the semi-classical effective mass (Lan–Pek 48)

A similar lower bound for $E_{\alpha}(0)$ was obtained by Brooks–Seiringer, hence

$$E_{\alpha}(0) = \alpha^{2} e^{\text{Pek}} + \frac{1}{2} \text{Tr}_{L^{2}}(\sqrt{H^{\text{Pek}}} - 1) + o(1).$$

Excited bound states

Our last result concerns the existence of excited energy bands below the essential spectrum $\sigma_{\text{ess}}(H_{\alpha}(P)) = [E_{\alpha}(0) + 1, \infty).$

Theorem (M–Myśliwy–Seiringer, in prep.) Let $\sigma_{\text{disc}}(H_{\alpha}(P))$ be the discrete part of the spectrum of $H_{\alpha}(P)$. There exists a $\zeta \in (0, 1)$ such that

$$|\sigma_{\rm disc}(H_{\alpha}(P))| \xrightarrow{\alpha \to \infty} \infty$$
 for all $|P| \lesssim \alpha^{2-\zeta}$

Based on upper bounds for the min-max values of $H_{\alpha}(P)$



The existence of excited energy bands was previously not known. In fact there are predictions that such excited bound states would not exist.

Summary

- $P \mapsto E_{\alpha}(P)$ attains its unique global minimum at P = 0
- Optimal parabolic upper bound for $E_{\alpha}(P)$ for large α
- Number of excited energy bands diverges as $\alpha \to \infty$

Many open problems

- Matching parabolic lower bound for $E_{\alpha}(P)$
- Asymptotic formulas for the excited energy bands
- Does $E_{\alpha}(P)$ enter the essential spectrum for large |P|?
- Large α limit of the effective mass $M_{\alpha}^{\text{eff}} \sim \alpha^4 M^{\text{Pek}}$ (Volker's talk)

Thank you for your attention